

*Spring & Summer walk. Fatigue level: moderate. Distance: 3.3Km (round trip). Duration: approx 1 hr.*

### **Fontane to Motto Di Balmo (Balmo, 1059m)**

This walk follows an old mountain path that climbs from behind Fontane to the site of the old chairlift/ski-lift station and bar/restaurant (now derelict) at Balmo. This open, relatively level plateau at over 1050m altitude is covered in mountain flora in the summer and gives breathtaking views down the valley. There is a particularly nice cappella (tiny chapel) here, not far from the old restaurant, dedicated to the victim of a paragliding accident. When our own children were young, the plateau was a favourite place to go kite flying.



Well before that, when I hadn't yet reached my teens, it was from here that we would start collecting porcini and other delicious mushrooms. They still exist but it's much more difficult to find them now - you either need to be a local (they just know where and when to look!) or be lucky!







~~Fontane to Motto Di Balmo / Balmo~~